My Book About Solving My Problem

This is the book about Solving an Important Problem

The author of this book is:

| Here are | some of | the | problems | in | the |
|-----------|-----------|------|----------|----|-----|
| past that | I have so | olve | d: | | |

| 1. | | |
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| 2. | | |
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| | | |
| 3. | | |
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I have done a good job with these things!

I have learned that there are some important things to do in order to solve a problem.

| These things a | re: |
|-----------------------------------|--|
| 1 | |
| 2 | |
| 3 | |
| 4 | |
| 5 | |
| I have a proble need to solve the | m right now that I his is what it is: |
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| The part of the problem that bothers me the most is: |
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| I can think of some solutions, here they are: |
| Solution # 1: |
| Solution # 2 |
| Solution # 3 |
| |

Each solution has a good side and a bad side. This can be called pros and cons – pros are the good part of the solution and cons are the bad things that might come out of it.

Pros and cons for solution # 1:

| Pros | Cons |
|------|------|
| 1. | 1. |
| | |
| 2. | 2. |
| | |
| 3. | 3. |
| | |
| 4. | 4. |
| | |

Pros and cons for solution # 2

| pros | Cons |
|------|------|
| 1. | 1. |
| | |
| 2. | 2. |
| | |
| 3. | 3. |
| | |
| 4. | 4. |
| | |

Pros and cons for solution #3

| pros | Cons |
|------|------|
| 1. | 1. |
| | |
| 2. | 2. |
| | |
| 3. | 3. |
| | |
| 4. | 4. |

| If someone else had my problem, like my good friend, this is what I would tell them to do: |
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| The best advice I can give is: |
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| When I think about my problem I know it could be worse. Here is how it could be worse: |
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| The more I think about it the more that I realize that I should: |
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Now I am going to come up with an action plan. Here is my action plan:

| Step #1: | | | |
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| Step #2: | | | |
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| Step #3 | | | |
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| Step #4 | | | |
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| There is always | | shoul | d |
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| There are also people that I ca count on. They are: | ın |
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| Now that I have figured out wh do this is how I feel: | at to |
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I am good at solving problems!

Signed by the author